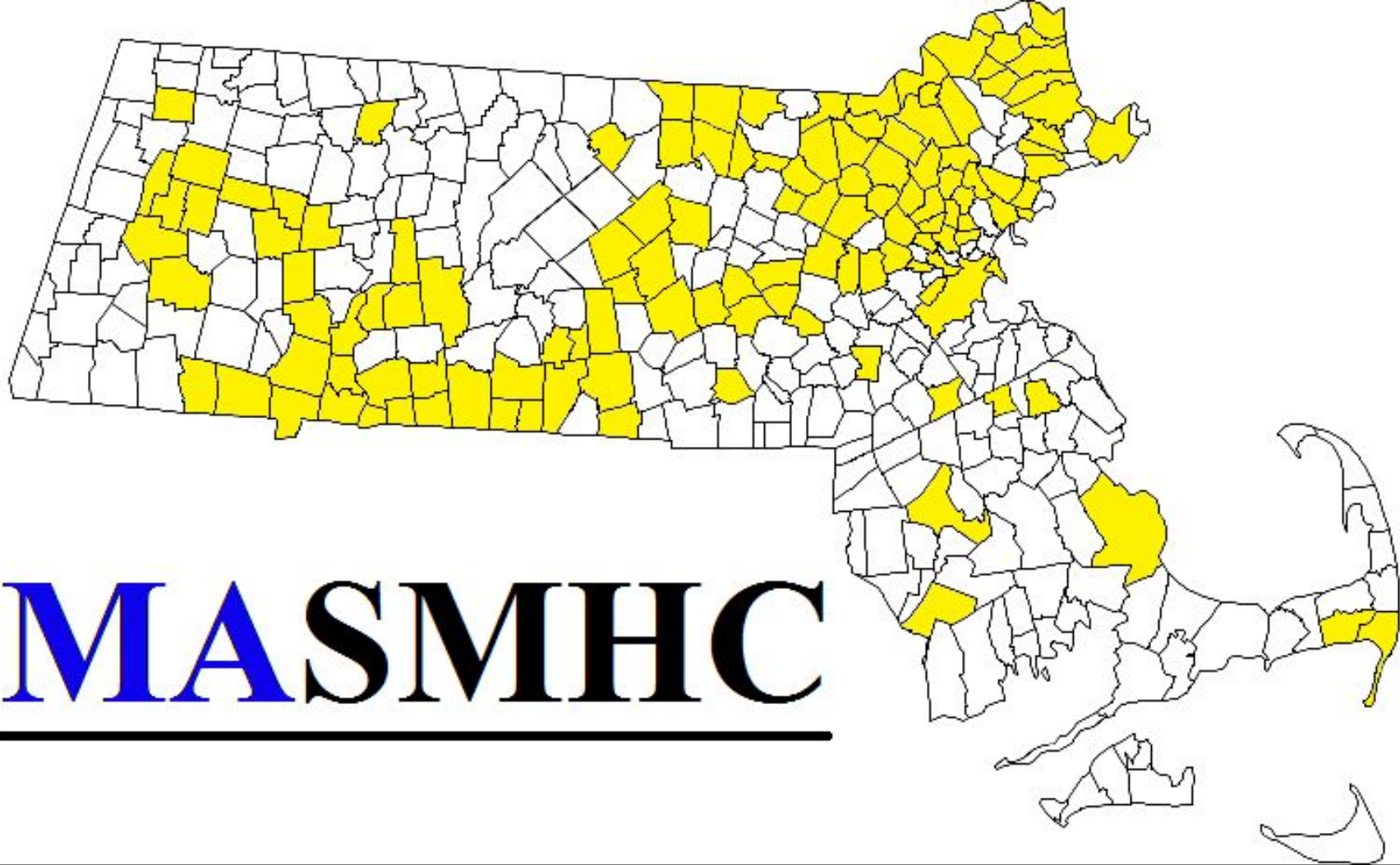



MASMHHC





Quality School Mental Health Teaming

October 2, 2019



What is a School Mental Health Team?

“A school mental health team is a group of school and community stakeholders that meet regularly and use data-based decision making to support student mental health, including improving school climate, promoting student and staff well-being, and addressing individual student strengths and needs.”

-CSMH: School Mental Health Teaming Playbook

Features of A Quality SMH Team

1. A multidisciplinary school mental health team
2. Streamlined teams that avoid duplication and promote efficiency
3. A productive meeting structure
4. A system in place to promote data sharing among team members
5. Well-established working relationships with community mental health resources to refer students and families to when their needs



Functions of a Quality SMH Team

District Teams

- District-wide needs assessment
- Resource mapping
- Implementation
 - Monitoring / assessing piloted practices / programs
 - Coordinating scaled-up projects
 - Resolving barriers to implementation
- District-wide data collection / analysis
- Program evaluation

School Teams

- School needs assessment
- Resource mapping
- Implementation
 - Piloting new practices / programs
 - Implementing scaled-up projects
 - Reporting on barrier to implementation
- School-based data collection / analysis

Methuen SMH Team



- **Methuen CSMHS CoIIN Team** is responsible for:
 - Planning and assessing the progress of the mental health initiative
 - Selecting, testing, and analyzing data related to new practices/policies
 - Communicating and collaborating with the University of Maryland CSMH team
 - Submitting PDSA cycles and monthly run charts to the University of Maryland CSMH team
 - Attending required trainings

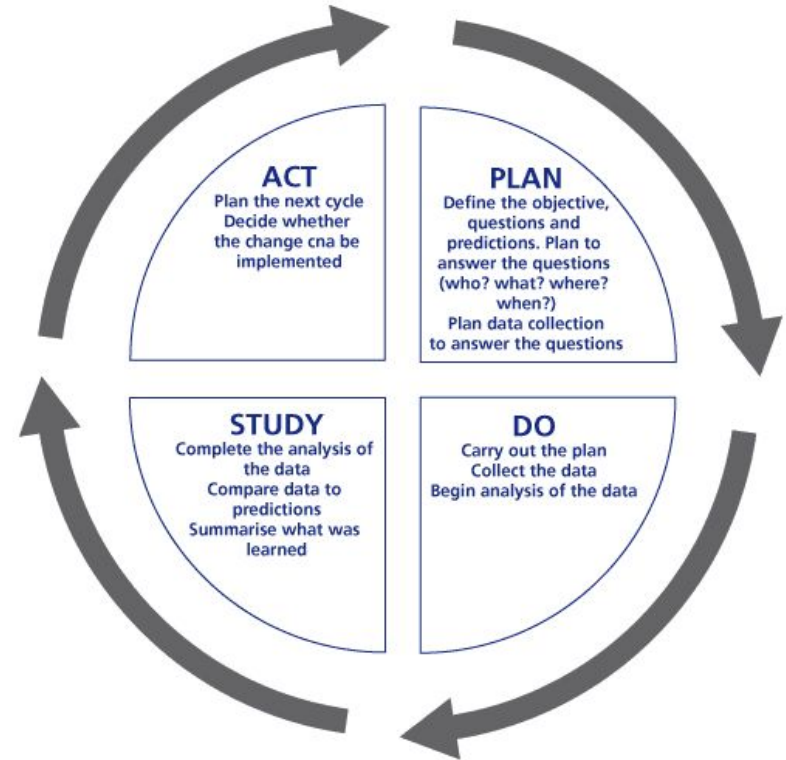
- **Mental Health Initiative Committee** is responsible for:
 - Monitoring the district-wide implementation of practices as they are brought to scale
 - Assisting in identifying test sites to pilot new practices
 - Collecting and reporting out data related to the implementation of new practices/policies
 - Assisting in the identification and resolution of site-specific problems related to implementation

Group Work & Report-out

- Do you currently have a SMH team in your district? School? Who is on that team?
- What would need to change to make your team more effective?
 - Expanding the team?
 - Making the team meetings more effective?
 - Identifying the roles / responsibilities of team members?
 - Meeting more regularly?
- Considering what you want to implement in the next year, who will need to be on the SMH team in your school / district? What kind of decision-making authority / resources will be needed to make your plan happen?

Action Planning and PDSA Cycles

- **Plan**
 - Define the objective, questions, and predictions
 - Plan for data collection
- **Do**
 - Carry out the plan
 - Collect and analyze data
- **Study**
 - Complete the analysis of the data and compare the results to the predictions
 - Summarize what was learned
- **Act**
 - Determine whether the change will be abandoned, adapted, or adopted



CSMH: School Mental Health Teaming Playbook

[Roles and Responsibilities Template](#)

[Team Meeting Agenda](#)

[Roles and Functions Template](#)

[Parent/Guardian Release of Information Consent Form](#)

NCSMH Teaming Playbook

SMH Teaming Playbook

